DŌCERĒ
MEDICAL SPA & LASER CENTER

POST-INSTRUCTIONS
SkinPen/Microneedling

- Only use the Rescue Calming Complex and the Lift HA Serum for the next 24 hours. Do not use any other skincare products (cleansers, moisturizers, or sun blocks).
- Days 2 through 4 post procedure – Use a gentle cleanser and a zinc oxide sunblock as well as the Rescue Calming Complex and the Lift HA Serum.
- Avoid exercise for 3 days following the procedure
- No sun exposure for 3 days
- Do not go swimming for at least 24 hours post treatment
- Allow at least 24 hours before use of make-up. Make sure that make-up brushes are cleansed before resuming use.

What should I expect post procedure?

Day 1 - Mild to moderate redness and swelling, similar to a sunburn, may feel warm and tight. (No sunscreen or makeup)

Day 2 - Some persistent redness and swelling may be present. (May apply sunscreen and makeup)

Day 3 - Most redness, bruising, and swelling almost gone.

Day 4 - Return to normal appearance without makeup.

Most common treatment responses experienced were dryness, rough skin, tightness, redness, itching, peeling, discomfort, tenderness, and burning. These conditions resolved over time without any further complications